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people relations

nollendorfstrasse 1
10783 berlin

0049 178 653 35 60

mailme@jozopr.com
www.jozopr.com

Filmography

Sina Martens
Actress

Sina Martens completed acting studies at the Hochschule for Music and Theater 'Felix Mendelssohn Bartholdy' in Leipzig. Already during her third year of studies, she was hired by Sebastian Hartmann at the Central Theater in Leipzig. Engagements followed at the Berliner Ensemble, HAU Berlin, and the Frankfurt and Hannover Theaters. She began working there very early on with directors who have significantly influenced and shaped contemporary theater, such as Alexander Eisenach, Bernadette Sonnenbichler, Ersan Mondtag, Frank Castorf, Lena Brasch, Michael Thalheimer and Robert Borgmann.

She is the recipient of many awards for her special and outstanding acting talents, moreover, with the Award of the German Federal Ministry for Education and Research, the Fellowship of the German National Academic Foundation and the International Forum of the Berlin Theatertreffen Theater Festival, the Daphne Prize for outstanding acting and was voted Young Actress of the Year by the theater magazine 'Theater heute' ('Theater Today'). Alongside her many appearances in the theater, she may also be seen in ambitious film and television productions like 'Blindspot Berlin', 'Delicious', 'Die geschützten Männer' ('The Protected Men'), 'Einmal Immer' ('Once Always'), 'In Liebe, Eure Hilde' ('With Love, Hilde'), 'Landesverräter' ('Traitors'), 'Trunk - Locked In', 'Weightless' as well as and the series 'I Don't Work Here' or 'Unfamiliar'.

Sina Martens' distinctive ease in performing brings her characters almost poetically to life. Her extraordinary sensitivity and intuition in portraying human motivation are valued by audiences and directors alike including Andreas Dresen, David Nawrath, Irene von Alberti, Lars Becker, Lennart Ruff, Marc Schießer, Michael Krummenacher, Nele Mueller-Stöfen and Philipp Leinemann. Both on stage as well as on screen, she distinguishes herself in her nuanced and sensitive performances, changing effortlessly between genres. The press applauds and esteems her as one of the outstanding actresses of her generation and celebrates her exceptional presence as well as her precise empathy for the characters she portrays. The trade magazine 'Theater heute' writes: 'There is not a moment along the way when she loses the connection to her counterpart. A face that can trace such movement is virtually made for cinematic images. For close-ups that merge distance and immediacy. Sina Martens is touching when she looks this banal reality in the eye. That is surely another point where Hollywood and the language of German theater meet.'

Sina Martens works as an actress in the German-speaking world and lives in Berlin.

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Film (Cinema | Television)

2026

Blindspot Berlin
David Nawrath | Germany

Oderbruch - II. Season
Adolfo Kolmerer | Germany

Unfamiliar
Lennart Ruff and Philipp Leinemann | Germany

2025

Delicious
Nele Mueller-Stöfe | Germany

2024

Die geschützen Männer | 'The Protected Men'
Irene von Alberti | Germany

Die Toten und das Meer - der Ruf der Meerjungfrau
'The Dead And The Sea - The Call Of The Mermaid'
Andreas Senn | Germany

In Liebe, Eure Hilde | 'With love, Hilde'
Andreas Dresen | Germany

Landesverräter | 'Traitors'
Michael Krummenacher | Switzerland

Trunk - Locked In
Marc Schießer | Germany

2023

2052 - Nachrichten aus der Zukunft | '2052 - News From The Future'
Erika von Möller | Germany

Hochamt für Toni - Tatort | 'High Mass For Toni - Tatort'
Michael Krummenacher | Germany

I don't work here
Arman T. Riahi | Germany

2022

Das Vermächtnis - Helen Dorn | 'The Legacy' - Helen Dorn
Friedemann Fromm | Germany

Der Parfumeur | 'The Perfumer'
Nils Willbrandt | Germany

Die Ruhe vor dem Sturm - Nachtschicht | The Calm Before The Storm -
Night Shift
Lars Becker | Germany

Du sollst hören | 'You Should Listen'
Petra K.Wagner | Germany

2021

Blondes Gift - SOKO Hamburg | 'Blonde Poison' - SOKO Hamburg
Jan Bauer | Germany

Schwerelos | 'Weightless'
Alexej Hermann and Eike Weinreich | Germany

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2020	Die Pest | 'The Plague' Bert Zander | Germany
2019	IAF - Lügen und andere Geheimnisse | 'IAF - Lies and Other Secrets Susanne Boing | Germany
2018	Call of Comfort Brenda Lien | Germany
	Michael Samuel Schwarz | Germany
2017	Grace Chapters Lene Vollhardt | Germany
	Einmal Immer | 'Once Always' Susanne Boeing | Germany
2016	Der Kanal - Soko Leipzig | 'The Canal – Soko Leipzig' Oren Schmuckler | Germany
	Ketapan David Helmut | Germany
	Umzugschaos - Tierärztin Dr. Mertens | 'Moving Chaos - Veterinarian Dr. Mertens' Thomas Nennstiel | Germany
2015	Wo willst du hin, Habibi? | 'Where Do You Want to Go, Habibi?' Tor Iben | Germany
2014	Kleine Geheimnisse - Soko Leipzig | 'Little Secrets – Soko Leipzig' Robert-Adrian Pejo | Germany
	Tu□rkischer Honig - Tatort | 'Turkish Honey - Tatort' Christine Hartmann | Germany
2013	Der Klotz - Soko Leipzig | 'The Klutz - Soko Leipzig' Michel Bielawa | Germany
	Treu bis ins Grab - Heiter bis tödlich - Akte Ex | 'Faithful to the Grave - Cheerful to Lethal - X File' Wilhelm Engelhardt | Germany
2012	Hitverdächtig - Alles Klara | 'Bound to Be a Hit – All Klara' Jakob Schäuffelen | Germany
2011	Liebe im Mittelalter - Die Skandale des echten Tannhäuser - Die Geschichte Mitteldeutschlands | 'Love in the Middle Ages - The Scandal of the Real Tannhäuser' Dirk Otto and Pepe Pippig | Germany

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Awards

2023	Best Actress (Nomination) at the Nightmares Film Festival for 'Trunk'
2019	Opus - German Stage Award for 'The Parallel World'
2018	Daphne-Award for Outstanding Acting Performances German Short Film Award for 'Call Of Comfort'
2017	Theater heute Prize as Young Actress of the Year for 'Der kalte Hauch des Geldes' | 'The Cold Breath of Money', 'Evening at the Talkhouse', 'Ich, ein Anfang' | 'Me, A Beginning' and 'Willkommen in Deutschland' | 'Welcome to Germany'
2016	Fellowship of the International Forum of the Berlin Theatertreffen Theater Festival
2013	Award of the German Federal Ministry for Education and Research for 'Der Große Marsch' | 'The Great March'
	Fellowship of the German National Academic Foundation